


# Mililani Uka Elementary School

## October 2019

Breakfast served 7:15 a.m. -7:40 a.m.  
Lunch served 10:40 a.m. - 12:00 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MENU SUBJECT TO CHANGE WITHOUT NOTICE ALL MEALS INCLUDES MILK</p>	<p>Fruit Smoothie, Cinnamon Toast, Fresh Fruit, Milk Assorted <b>1</b></p> <p><b>Soft Shell Taco w/Lettuce &amp; Tomato, Veggie Sticks w/ Hummus, Fries, Fresh Fruits, Assortd Milk</b></p>	<p>Egg Salad on Bagel Slice Fresh Fruit, Milk Assorted <b>2</b></p> <p><b>Chicken Katsu w/Shredded Cabbage, Steamed Rice, Spinach/Romaine Salad, Fresh Fruit, Assorted Milk</b></p>	<p>Homemade French Toast w/syrup Fresh Fruit, Milk Assorted <b>3</b></p> <p><b>Cheese Pizza, Spinach/Romaine Salad, Edamame, Fresh Carrots Fresh Fruit, Assorted Milk</b></p>	<p>Turkey Ham and Eggs w/ Toast Fresh Fruit, Milk Assorted <b>4</b></p> <p><b>Meatloaf w/ Gravy, Whipped Potatoes, Steamed Broccoli &amp; Carrots, Roll, Fresh Fruit, Assorted Milk</b></p>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>FALL BREAK</b>	<b>FALL BREAK</b>	<b>FALL BREAK</b>	<b>FALL BREAK</b>	<b>FALL BREAK</b>
<p>Ham Link in a Bun Fresh Fruit, Milk Assorted <b>14</b></p> <p><b>Sweet &amp; Sour Pork, Steamed Rice, Rainbow Salad, Edamame, Roll, Fresh Fruits, Assorted Milk</b></p>	<p>Grilled Ham and Cheese Fresh Fruit, Milk Assorted <b>15</b></p> <p><b>Hamburger Steak w/Gravy, Whipped Potato, Corn, Steamed Carrots, Fresh Fruits, Assorted Milk</b></p>	<p>Pork Patty, Steamed Rice Fresh Fruit, Milk Assorted <b>16</b></p> <p><b>Mexican Lasagna, Spinach &amp; Romaine Salad, Veggie Sticks w/Dip, French Bread, Fresh Fruit, Assorted Milk</b></p>	<p>Papaya Bread, Yogurt Fresh Fruits, Milk Assorted <b>17</b></p> <p><b>Asian Style Chicken, Steamed Rice, Steamed Carrots, Fresh Fruit, Assorted Milk</b></p>	<p>Fried Rice, Portuguese Sausage Fresh Fruits, Milk Assorted <b>18</b></p> <p><b>BBQ Pork Sandwich, Potato Fries, Coleslaw, Fresh Fruits, Assorted Milk</b></p>
<p>Sweet Bread Cinn. Toast, Yogurt Fresh Fruit, Milk Assorted <b>21</b></p> <p><b>Chicken Broccoli, Steamed Rice, Corn, Steamed Carrots, Roll, Fresh Fruit, Assorted Milk</b></p>	<p>Breakfast Pizza Fresh Fruit, Milk Assorted <b>22</b></p> <p><b>Spaghetti w/Meat Sauce, Spinach &amp; Romaine Salad, French Bread, Fresh Fruit, Assorted Milk</b></p>	<p>Portuguese Sausage, Steamed Rice Fresh Fruit, Milk Assorted <b>23</b></p> <p><b>Grilled Cheese, Tomato Soup, Steamed Broccoli, Steamed Carrots, Fresh Fruit, Assorted Milk</b></p>	<p>Plain Bagel w/ Cream Cheese, Yogurt, Fresh Fruit, Milk Assorted <b>24</b></p> <p><b>Teri Burger, Veggie Sticks w/ Hummus, Potato Fries, Fresh Fruit, Assorted Milk</b></p>	<p>Loco Moco, Steamed Rice Fresh Fruit and Milk Assorted <b>25</b></p> <p><b>Pastrami Sandwich, Veggie Sticks w/Dip, Edamame, Fresh Fruits, Assorted Milk</b></p>
<p>Breakfast Pizza Fresh Fruit, Milk Assorted <b>28</b></p> <p><b>Cheese Pizza, Spinach/Romaine Salad, Edamame, Fresh Carrots, Fresh Fruits, Assorted Milk</b></p>	<p>Plain Bagel w/Cream Cheese, Pork Patty, Fresh Fruit, Milk Assorted <b>29</b></p> <p><b>Tuna Salad Sandwich w/Lettuce, Corn Chowder, Veggie w/Dip, Fresh Fruits, Assorted Milk</b></p>	<p>French Toast, Fresh Fruit, Milk Assorted <b>30</b></p> <p><b>Chicken Stir Fry w/Steamed Rice, Steamed Broccoli, Roll, Fresh Fruit, Assorted Milk</b></p>	<p>Turkey Ham and Eggs, Toast Fresh Fruit, Milk Assorted <b>31</b></p> <p><b>Sloppy Joe, Veggie Sticks w/Dip, Baked Beans, Corn, Fresh Fruits, Assorted Milk</b></p>	<p>ADMIN OFFICE: 627-7303</p> 

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